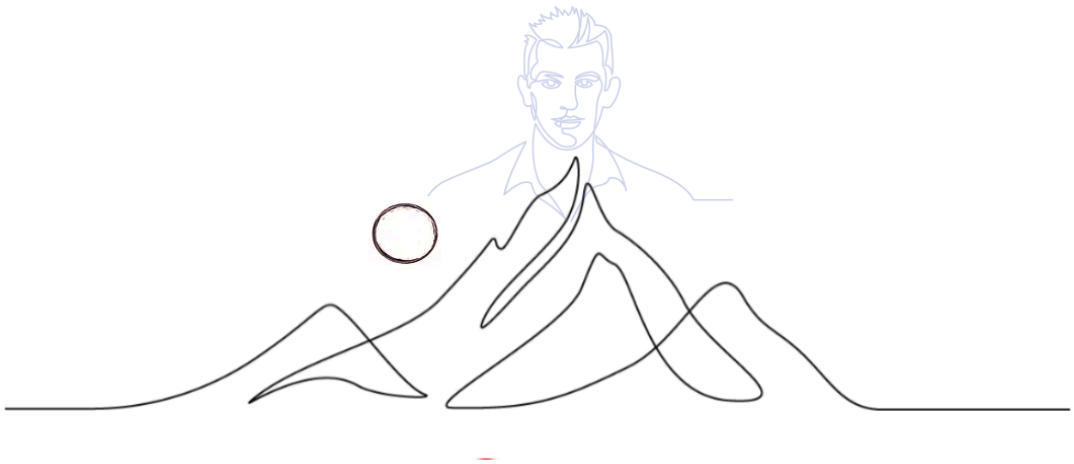
Tōku Mauri



A Group For Male Survivors of Sexual Abuse

Auckland 12 -14 September 2025

Tōku Mauri is a unique, creative workshop that combines **psychodrama, art therapy and breathwork** for clients dealing with the effects of sexual abuse.

It is facilitated by a skilled team led by Marian Hammond and Cinnamon Boreham both Psychodramatists and Psychotherapists, together with two or three additional practitioners. This 20-hour group offers a transformative experience in a safe, supportive environment.

Workshop Aims

- **Reduction of Isolation:** Participants connect with others facing similar experiences, creating a powerful support network.

- **Alleviation of Shame:** Clients gain opportunities to share and process within a compassionate group, lessening feelings of shame.
- **Healing and Resilience Building:** The intensive group experience generates material for clients to work through in subsequent individual therapy sessions.

Eligibility and Referral Requirements
To qualify for ACC-funded attendance, clients should:

- Be actively engaged in individual therapy
- Have an accepted ACC claim
- Be ready for group work

Each workshop accommodates a maximum of **12 participants** and aims to develop a high degree of cohesion that supports clients in completing meaningful therapeutic work.

How to Refer
If you have clients interested in attending please:

1. Contact Marian at marian.min2@gmail.com or **021 167 6020**

Email the following details:

Client's full name, DOB, Address, Email, Phone No, Ethnicity, Claim No.

2. Request a Purchase Order (PO) from Acc. Include the Tōku Mauri Group PO details (below) in the client's Wellbeing Plan or Progress Report, or send an email request directly to the Acc Case Manager. Referring therapists are required to present a rationale for their client's attendance.

Purchase Order (PO) Details

- **Therapy Type:** Short Term Group Therapy (SCSGT)
- **Supplier:** Auckland Sexual Abuse HELP G09921
- **Lead Provider:** Marian Hammond PAG 640
- **Hours:** 20 group hours + 1 triage hour (SCSGTT)

- **Group Dates:** 12 -14 September 2025
- **Group Times:** Fri 12 Sept 4 -9pm
- Sat 13 Sept & Sun 14 Sept 9.30-5.30pm

After approval clients will receive an email with group information and a brief preparation form to complete before attending the group. Clients will be invited to meet with Marian or Cinnamon beforehand, either online or in person, to support their preparation for the group. This session is covered by the 1 hour Acc funded Triage Hour.

Collaborative Support
We value open communication with referring therapists. We will be in contact both before and after the group to discuss relevant information and the client's goals. Following the group, you will receive a report summarising the client's participation and progress.

If you have any questions, or would like additional information, please don't hesitate to reach out to Marian at marian.min2@gmail.com or **021 167 6020**